

Cllr Jasmine Ali

Cabinet Member for Children, Schools & Adult Care

**Overview for the Health & Social Care Scrutiny
Commission**

London Borough of Southwark

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Health & Social Care Scrutiny Commission

I will cover an overview of

- Adult Care
- Overview of Children
- Children and young people's mental health



The Vision for Adult Care

Members of our community can access high quality information, advice and coordinated community services that prevent, reduce and delay their needs for social care support. Adults with eligible support needs and their carers have access to services which maximise independence and choice, and enable them to live healthy, safe and fulfilling lives in their community

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Who are the adults that we care for?

We are supporting 4315 long term service users

- 42% are younger adults and
- 58% are 65 plus

They reflect the diversity in Southwark

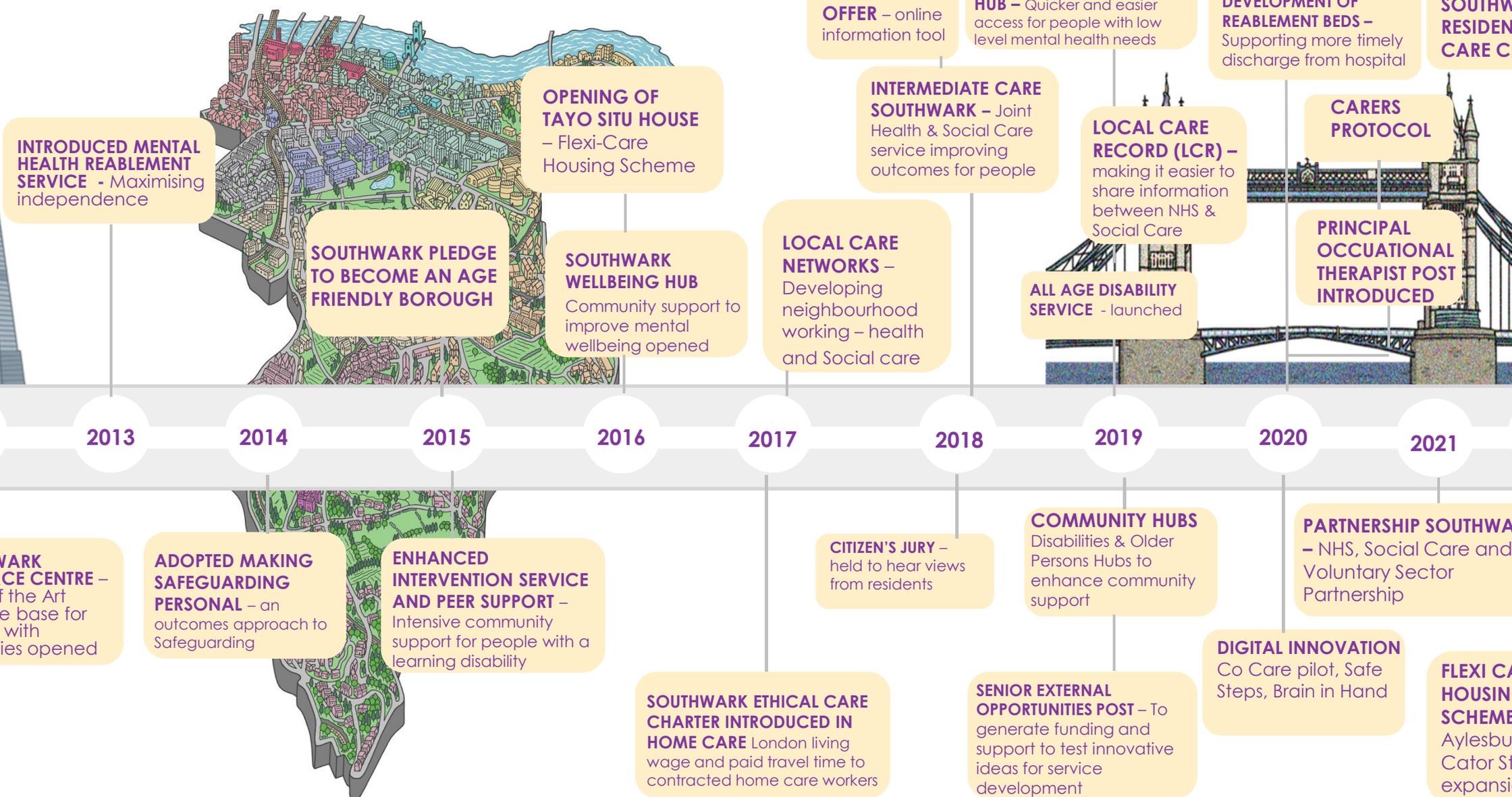
- 53% of our service are white
- 35% are Black African, Afro Caribbean or “Black other”

- 44% of service users are male
- 56% are female

What are the needs of the people in our care?

- 62% of long term service users required physical support of which 75% were older people
- 17% had a learning disability
- 11% had mental health needs
- 6% received support for memory and cognition

ADULT SOCIAL CARE ROADMAP 2012 - 2022



INTRODUCED MENTAL HEALTH REABLEMENT SERVICE - Maximising independence

SOUTHWARK PLEDGE TO BECOME AN AGE FRIENDLY BOROUGH

OPENING OF TAYO SITU HOUSE – Flexi-Care Housing Scheme

SOUTHWARK WELLBEING HUB
Community support to improve mental wellbeing opened

ADULTS LOCAL OFFER – online information tool

INTERMEDIATE CARE SOUTHWARK – Joint Health & Social Care service improving outcomes for people

LOCAL CARE NETWORKS – Developing neighbourhood working – health and Social care

INTRODUCED THE SIMPLE POINT OF ACCESS AT THE SOUTHWARK WELLBEING HUB – Quicker and easier access for people with low level mental health needs

LOCAL CARE RECORD (LCR) – making it easier to share information between NHS & Social Care

ALL AGE DISABILITY SERVICE - launched

EXPANSION OF NURSING HOMES CAPACITY

DEVELOPMENT OF REABLEMENT BEDS – Supporting more timely discharge from hospital

SOUTHWARK RESIDENTIAL CARE CENTRE

CARERS PROTOCOL

PRINCIPAL OCCUPATIONAL THERAPIST POST INTRODUCED

2013

2014

2015

2016

2017

2018

2019

2020

2021

SOUTHWARK CARE CENTRE – new base for services opened

ADOPTED MAKING SAFEGUARDING PERSONAL – an outcomes approach to Safeguarding

ENHANCED INTERVENTION SERVICE AND PEER SUPPORT – Intensive community support for people with a learning disability

CITIZEN'S JURY – held to hear views from residents

SOUTHWARK ETHICAL CARE CHARTER INTRODUCED IN HOME CARE London living wage and paid travel time to contracted home care workers

COMMUNITY HUBS Disabilities & Older Persons Hubs to enhance community support

SENIOR EXTERNAL OPPORTUNITIES POST – To generate funding and support to test innovative ideas for service development

DIGITAL INNOVATION Co Care pilot, Safe Steps, Brain in Hand

PARTNERSHIP SOUTHWA – NHS, Social Care and Voluntary Sector Partnership

FLEXI CARE HOUSING SCHEME Aylesbury Cator St expansion

Corporate Parenting Board

- We're Corporate Parent to 450 children in care and 526 care leavers
- Transformation
- Extended sessions with themed deep dives
- Co-opted members including young people
- Care Covenant
- Children in Care Awards



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Children in Care A levels 2018

- Out of the ten students that sat their A-Levels they all received good results and:
 - Six are going to university,
 - one has secured an apprenticeship
 - one will go to college.
- Between them they're covering a diverse set of subjects which include music, performing arts, engineering and child care.

Keeping Families Strong



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Our commitments

Making CAMHS a priority

In 2018 Southwark Council approved its four-year plan to 2022 which included clear pledges to those residents who suffer from mental health conditions. We said:

“Good mental health is as important as good physical health and in Southwark we will give it the attention that it deserves.”

In November 2018, Southwark’s Health and Wellbeing Board unanimously agreed to a new pledge to ensure that **100% of Southwark children and young people get access to emotional wellbeing or mental health services so that the need (and waiting times) for specialist services is reduced; and to ensure that children and young people (and their families) who must wait for specialist services are well supported.**

What we have achieved so far

Building a base of evidence

Research: In summer 2019 Southwark's CAMHS research policy development unit produced a report following fact finding visits to services in Birmingham, Camden and East Cheshire.

Best practice: We have established a Children's Mental Health Commission to draw on expertise from the widest possible range of sources. The Commission will run to October 2021 with the second meeting taking place in January. We will discover and learn from best practice across the country and continually innovate in order to provide the best possible service.

Mentally Healthy Schools

- **Schools told us that good mental health was top priority. The council's ambition to prioritise children and young people's good mental health is reflected in our schools.**
- This year this council put £2m into schools mental health prevention
- There are trained people to help with mental health first aid training for school staff.
- 50 school representatives, and 40 schools have identified their areas of extra need. Existing healthy school champions have agreed to become mental health champions.



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Our ambition

New, innovative, open access centre

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The vision of this new service is to be preventative, aimed at young people, designed by young people, available at the point of need and a place where young people feel able and safe to attend.

The service will act as a welcoming entry point for young people and parents, offering support for emotional issues and lower level mental health such as worries, anxieties and stress.



Thank you

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